

## Conditions

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### Common conditions we treat:

- Headaches / migraines
- Stress / Insomnia
- Allergies
- Neck / lower back pain / Joint issues
- Skin disorders
- Quit smoking
- Children's health
- Menopause / HRT alternatives
- Menstrual problems
- Subfertility
- Digestive disorders
- Diabetes
- Weight loss / gain
- Fatigue